

ST. ANDREW'S HOSPITAL
NORTHAMPTON

ANNUAL REPORT



1974

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THE REPORT
OF
St. Andrew's Hospital
NORTHAMPTON

Telephone No. 0604 (Northampton) 21311

FROM JANUARY 1st, 1973
TO DECEMBER 31st, 1973


MEMBER OF THE ASSOCIATION OF
INDEPENDENT HOSPITALS

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ST. ANDREW'S HOSPITAL — THE MAIN BUILDING



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GOVERNORS

PRESIDENT:

- 1 The Lord Lieut. of the County, Lieut.-Colonel J. Chandos-Pole, O.B.E., Newnham Hall, Newnham, Daventry.

VICE-PRESIDENTS:

*Date of
Appointment*

- | | | |
|------|-----|--|
| 1902 | 2 | Robinson, Sir Frederick V.L., Bart., M.C., Cranford Hall, Kettering. |
| 1932 | 3 | Thornton, Col. T. A., C.V.O., Brockhall, Flore, Northampton. |
| 1953 | 4 | Hawkins, Admiral Sir Geoffrey, K.B.E., C.B., M.V.O., D.S.C., Grafton Underwood, Kettering. |
| 1945 | 5 | Isham, Sir Gyles, Bart., Lamport Hall, Northampton. |
| 1938 | 6*† | Stockdale, Lieut.-Colonel H. C. M., Mears Ashby Hall, Northampton. |
-
- | | | |
|------|----|---|
| 1946 | 7 | Althorp, Viscount, M.V.O., Park House, Sandringham, Norfolk. |
| 1963 | 8 | Bennett, S. F., Esq., C.B.E., The Manor House, Everdon, Nr. Daventry. |
| 1968 | 9 | Brassey, The Lord, The Manor House, Apethorpe, Peterborough. |
| 1963 | 10 | Cazenove, Major P. de L., T.D., Cottesbrooke Cottage, Northampton |
| 1967 | 11 | Compton, The Earl, Castle Ashby, Northampton. |
| 1954 | 12 | Courage, Edward R., Esq., C.B.E., Edgcote, Banbury. |
| 1969 | 13 | Davidge, Christopher, Esq., Little Houghton Grange, Northampton. |
| 1960 | 14 | Dollar, Lieut.-Colonel P. W., Cold Ashby Hall, Near Rugby. |
| 1962 | 15 | Eastaugh, The Right Rev. Cyril, Blackmoor House, Blackmoor, Liss, Hants. |
| 1930 | 16 | Exeter, The Marquess of, K.C.M.G., Burghley House, Stamford. |
| 1967 | 17 | Fearfield, Major J. M., Thorpe Malsor Hall, Near Kettering. |
| 1972 | 18 | Gibbs, R. T., Esq., Creaton Lodge, Northampton. |
| 1967 | 19 | Henderson, Mrs. H. C., Brockhall, Flore, Northampton. |
| 1964 | 20 | Kemsley, The Viscount, Thorpe Lubenham, Market Harborough. |
| 1956 | 21 | Lancaster, Col. C. G., Kelmarsh Hall, Northampton. |
| 1962 | 22 | Lawson, Derek, Esq., Passenham Manor, Stony Stratford. |
| 1968 | 23 | Lowther, Capt. J. L., The Old House, Guilsborough, Northants. |
| 1972 | 24 | Macdonald-Buchanan, A. J. Esq., Harrowden Hall, Wellingborough. |
| 1964 | 25 | Macdonald-Buchanan, Capt. J., M.C., The Stone House, Lower Swell, Stow-on-the-Wold, Glos. |
| 1944 | 26 | Macdonald-Buchanan, Major Sir Reginald, K.C.V.O., M.B.E., M.C., Cottesbrooke Hall, Northampton. |
| 1973 | 27 | McGowan, The Lord, Highway House, Lower Froyle, Alton, Hants. |
| 1959 | 28 | Maxwell, Major J. K., M.C., Folly House, East Haddon, Northampton. |
| 1967 | 29 | Morgan, Mrs. J., Grafton Cottage, Shutlanger, Near Towcester. |
| 1972 | 30 | Pasley-Tyler, Commander H., C.B.E., R.N., Coton Manor, Guilsborough, Northants. |
| 1972 | 31 | Peterborough, The Right Rev. The Lord Bishop of, The Palace, Peterborough. |

1955	32	Proby, Major Sir Richard, Bart., M.C., Elton Hall, Peterborough.
1956	33	Reid, Col. Ivo, Hill House, Somerton, Oxford.
1969	34	Richmond-Watson, Mrs. R. N., Wakefield Lodge, Potterspury, Northants.
1956	35*	†Robarts, Lieut.-Col. A. V. C., Fellyard, Slapton, Towcester.
1972	36	Saunders Watson, Commander L.M.M., R.N., Rockingham Castle, Market Harborough.
1962	37*	†Schilizzi, J. S., Esq., Chacombe House, Banbury, Oxon.
1967	38	Sitwell, Lady, Weston Hall, Towcester.
1963	39	Stanier, Brig. Sir Alexander, Bart., D.S.O., M.C., East Farndon Manor, Market Harborough.
1956	40	Stopford Sackville, Lionel, Esq., 17 Caroline Place, London, W.2.
1945	41	Wake, Major Sir Hereward, Bart., M.C., Courteenhall, Northampton.
1968	42	Ward, The Viscountess, Friars Well, Aynho, Banbury.
1973	43	Watts-Russell, Major David, Biggin Hall, Benefield, Peterborough.

**Trustee of the Hospital*

†*Trustee of the Superannuation Fund*

NAMES OF CHAIRMEN AND VICE-CHAIRMEN SINCE 1856

<i>Years</i>	<i>Chairmen</i>	<i>Vice-Chairmen</i>
1856-1865	The Rev. Sir George S. Robinson, Bart.	William Smyth, Esq.
1865-1870	William Smyth, Esq.	Very Rev. Lord Alwyne Compton., D.D.
1870-1879	The 6th Duke of Grafton	Very Rev. Lord Alwyne Compton, D.D.
1879-1881	The 6th Duke of Grafton	The Rev. Maze W. Gregory
1881-1893	The 4th Marquess of Northampton, K.G.	The Rev. Maze W. Gregory
1893-1896	The 4th Marquess of Northampton, K.G.	Christopher Smyth, Esq.
1896-1917	Christopher Smyth, Esq.	Lieut.-Col. J. Rawlins
1917-1921	Christopher Smyth, Esq.	The Rev. H. H. Crawley
1921-1932	Christopher Smyth, Esq.	Sir Charles V. Gunning, Bart., C.B., C.M.G.
1932-1938	Sir Charles V. Gunning, Bart., C.B., C.M.G.	Major A. H. Thurburn
1938	Sir George Stanley, P.C., G.C.S.I., G.C.I.E., C.M.G.	Sir Kenneth Murchison
1938-1949	Sir Kenneth Murchison	The 6th Lord Bray
1949-1951	Sir Frederick V. L. Robinson, Bart., M.C.	The 6th Lord Bray
1951-1956	Sir Frederick V. L. Robinson, Bart., M.C.	Rear-Admiral Sir Wellwood Maxwell, K.B.E., C.M.G. D.C.L.
1956-1964	Sir Gyles Isham, Bart.	Admiral Sir Geoffrey Hawkins, K.B.E., C.B., M.V.O., D.S.C.
1964-1973	Sir Gyles Isham, Bart.	Lieut.-Col. A. V. C. Robarts
1973-	The Viscount Kemsley	Lieut.-Col. A. V. C. Robarts

Prior to 1856 a Chairman was appointed at each meeting

COMMITTEE OF MANAGEMENT

The Viscount Kemsley
(*Chairman*)

Lieut.-Colonel A. V. C. Robarts
(*Vice-Chairman*)

S. F. Bennett, Esq. C.B.E.	Captain J. L. Lowther
Major P. de L. Cazenove, T.D.	A. J. Macdonald-Buchanan, Esq.
Christopher Davidge, Esq.	Major J. K. Maxwell, M.C.
Lieut.-Colonel P. W. Dollar	Mrs. J. Morgan
Major J. M. Fearfield	Colonel Ivo Reid
Mrs. H. C. Henderson	Mrs. R. N. Richmond-Watson
Derek Lawson, Esq.	Major Sir Hereward Wake, Bart, M.C.
	The Viscountess Ward
	Major David Watts-Russell

FINANCE SUB-COMMITTEE

Lieut.-Colonel A. V. C. Robarts
(*Chairman*)

S. F. Bennett, Esq. C.B.E.	Sir Gyles Isham, Bart.
Major P. de L. Cazenove, T.D.	The Viscount Kemsley
Admiral Sir Geoffrey Hawkins, K.B.E., C.B., M.V.O., D.S.C.	Derek Lawson, Esq.
	Major J. K. Maxwell, M.C.

ESTATE MANAGEMENT AND GROUNDS SUB-COMMITTEE

Major J. M. Fearfield
(*Chairman*)

Lieut.-Colonel P. W. Dollar	Colonel Ivo Reid
Mrs. H. C. Henderson	Colonel T. A. Thornton, C.V.O.
Captain J. L. Lowther	Major Sir Hereward Wake, Bart., M.C.
	Major David Watts-Russell

BUILDING AND PLANNING SUB-COMMITTEE

The Viscount Kemsley
(*Chairman*)

Sir Gyles Isham, Bart.	Mrs. R. N. Richmond-Watson
Derek Lawson, Esq.	Lieut.-Colonel A. V. C. Robarts
Mrs. J. Morgan	J. S. Schilizzi, Esq.
	Lieut.-Colonel H. C. M. Stockdale

CATERING SUB-COMMITTEE

Lieut.-Colonel P. W. Dollar
(*Chairman*)

Derek Lawson, Esq.	Major J. K. Maxwell, M.C.
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NURSING SUB-COMMITTEE

Derek Lawson, Esq.
(*Chairman*)

Mrs. J. Morgan	Mrs. R. N. Richmond-Watson
Colonel Ivo Reid	The Viscountess Ward

The President is an ex-officio member of all Committees, the Vice-Presidents are ex-officio members of the Committee of Management and the Trustees are ex-officio members of the Committee of Management and the Finance Sub-Committee.

Medical Staff

<i>Medical Director and Consultant Psychiatrist :</i>	JAMES HARPER, M.B.E., J.P., M.B., Ch.B., F.R.C.P. (EDIN.), F.R.C.PSYCH., D.P.M.
<i>Consultant Psychiatrist and Deputy Medical Director :</i>	I. E. J. McLAUCHLAN, M.B., Ch.B., M.R.C.S., L.R.C.P., M.R.C.PSYCH., D.P.M.
<i>Consultant Psychiatrists :</i>	M. F. a'BROOK, M.B., B.S., M.R.C.S., L.R.C.P., M.R.C.PSYCH., D.P.M. A. N. GRAHAM, M.B., B.S., F.R.C.PSYCH., D.P.M. K. H. M. LOTINGA, M.B., B.S., M.D., M.R.C. PSYCH., D.P.M. K. L. K. TRICK, M.B., B.S., M.R.C.S., L.R.C.P., M.R.C.PSYCH., D.P.M. E. R. BANNER, M.B., Ch.B., M.R.C.PSYCH.
<i>General Physicians :</i>	J. F. MITCHELL, M.B., Ch.B. C. P. ELLIOTT-BINNS, M.B., B.Ch., M.R.C.G.P., D.C.H., D.OBST.R.C.O.G. M. J. F. WOOLMORE, M.B., B.S., M.R.C.S., L.R.C.P., D.OBST.R.C.O.G.
<i>Consultant Physician :</i>	D. H. G. MACQUAIDE, M.D., B.S., M.R.C.S., F.R.C.P.
<i>Consultant Anaesthetist :</i>	A. T. DALGLEISH, B.A., M.B., Ch.B., F.F.A.R.C.S. D.A.

and the Consultant Staff of the Northampton General Hospital

<i>Dental Surgeon :</i>	W. S. BAIRD, L.D.S., R.C.S. (EDIN).
-------------------------	-------------------------------------

Nursing Staff

<i>Chief Nursing Officer :</i>	D. S. SMITH, S.R.N., R.M.N.
<i>Nursing Officers :</i>	S. H. HENSON, S.R.N., R.M.N., R.M.P.A. (Deputy to Chief Nursing Officer) P. R. COLLIS, S.R.N., R.M.N., R.M.P.A. R. T. HADLEY, S.R.N., R.M.N. MRS. F. E. NEWTON, S.R.N., R.M.N. J. R. GIBBIN, S.R.N., R.M.N.
<i>Principal Tutor :</i>	D. ZIVANOVIC, S.R.N., R.M.N., O.N.C., R.N.T.

Administrative and Other Staff

<i>Administrative Officer and Secretary :</i>	A. G. HERITAGE, J.P.
<i>Treasurer :</i>	C. F. ATTWELL, F.C.A., J.P.
<i>Supplies Officer :</i>	J. W. MAWBY, L.H.A.
<i>Head Occupational Therapist :</i>	N. PARSONS-JONES, S.R.O.T., M.A.O.T., R.M.N.
<i>Pharmacist :</i>	R. L. GOODBODY, Ph.C., M.P.S.
<i>Physiotherapist :</i>	MRS. M. V. SHARPE, M.C.S.P.
<i>Director of Physical Training :</i>	E. COSTALL
<i>Principal of School of Occupational Therapy :</i>	MISS M. VAN GARDEREN, T.DIP., M.A.O.T. O.T.R.
<i>Social Worker :</i>	MRS. D. G. DAVIDSON

Chaplains

<i>Church of England :</i>	THE REV. P. J. E. NEWMAN
<i>Roman Catholic :</i>	THE REV. JAMES MARKS
<i>Free Church :</i>	THE REV. R. BEDFORD, B.A.

AT THE
BIANNUAL COURT OF GOVERNORS
HELD ON THE 5TH DAY OF APRIL, 1974

The Annual Reports of the Committee of Management, the Medical Director, the Administrative Officer, the Chief Nursing Officer, the Chaplains, and the Director of Training of the School of Occupational Therapy for the year 1973 were laid before the Court.

And it was resolved:

That the above-named reports be approved and adopted and that such reports be published

It was resolved:

1. That the thanks of this Court be presented to the Chairman and Vice-Chairman of the Committee of Management, for the very valuable services they have rendered to the hospital during the past year.

2. That the thanks of this Court be presented to the Noblemen, Ladies and Gentlemen composing the Committee of Management, for their very valuable services during the year.

3. That the thanks of this Court be given to the Officers of the hospital, for their care and attention in carrying on the work of the past year.

The following annual appointments were made:

1. A Committee of Management.
2. A Finance Sub-Committee.
3. An Estate Management and Grounds Sub-Committee.
4. A Building and Planning Sub-Committee.
5. A Catering Sub-Committee.
6. A Nursing Sub-Committee.
7. Bankers.
8. Auditors.

THE REPORT OF
The Committee of Management
FOR THE YEAR 1973

My Lords, Ladies and Gentlemen,

The Committee of Management present to the Governors their report for the year 1973. It has been a very busy year and, as will be seen from the figures given below, it was necessary to hold a large number of meetings:—

Committee of Management	13 meetings
Finance Sub-Committee	12 meetings
Estate Management and Grounds Sub-Committee	11 meetings
Building and Planning Sub-Committee	7 meetings

In addition, there were two meetings of the Sub-Committee appointed to consider the General Regulations for the government of the hospital, and the Catering Sub-Committee, the Nursing Sub-Committee and the Appointments Sub-Committee each met once. The Occupational Therapy School Committee met on three occasions. At the meetings of the Committee of Management there was an average attendance of fifteen members.

As you know, the Biannual Courts of Governors were held on 5th April and 5th October, and the President took the Chair on both occasions.

GOVERNORS

The Committee much regret to record the death of two Governors during the year, Mr. O. E. P. Wyatt in February and Major Richard Chaplin in April. Mr. Wyatt attended the Courts of Governors regularly, even after his retirement to Suffolk, and Major Chaplin had served in the past on the Committee of Management and many of the Sub-Committees.

We were pleased to welcome two new Governors in 1973—Lord McGowan and Major David Watts-Russell. Major Watts-Russell was appointed a member of the Estate Management and Grounds Sub-Committee in November.

On the recommendation of the Committee of Management, two Vice-Presidents were elected during the year—Sir Gyles Isham in April following his retirement as Chairman after seventeen years in that office, and Lieut.-Colonel H. C. M. Stockdale in October. Colonel Stockdale was appointed a Governor in 1938 and a Trustee in 1947. Both have rendered exceptional service to the hospital.

Major J. M. Fearfield was elected Chairman of the Estate Management and Grounds Sub-Committee early in the year, to succeed the late Colonel R. A. Collins.

WELL VALE ESTATE

As was reported last year, we decided at a special meeting held early in January, to accept the recommendation of the Trustees that the Well Vale Estate be sold by auction. The sale took place on 2nd May and resulted in a net profit to the hospital of £640,000. This has been added to the Permanent Endowment Fund, and the additional investment income which will become available will help, to some extent, to offset the ever increasing cost of running the hospital, and enable us to continue the charitable side of our work which is most important. We decided to retain approximately 230 acres of the estate, part of which may have some development value in future years.

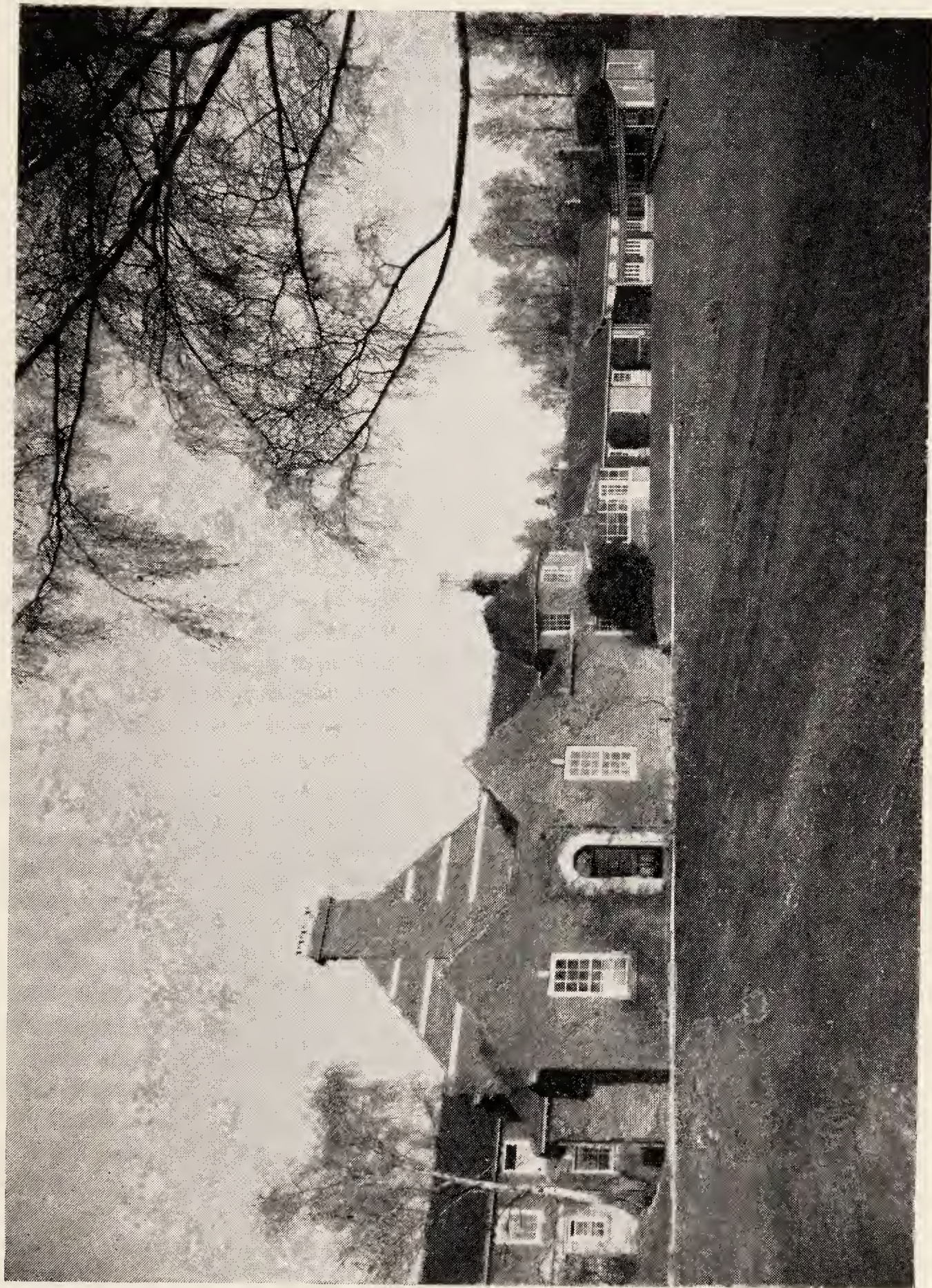
SALE OF HOUSES

The Committee decided, also, to dispose of several properties which had, for various reasons, become surplus to our requirements, i.e. "Kingswood", The Avenue, Cliftonville; 62a Billing Road and 65-68 Billing Road. All were large Victorian houses, difficult to run and expensive to maintain. The sale, again by auction, took place in April and was a very successful one.

LAND, CLIFTONVILLE

The possibility of selling land owned by the hospital near Cliftonville has been actively pursued throughout the year, and some progress has been made. Outline planning permission for the development of it has been granted by the Northampton Corporation, and our Agents have been instructed to make application for detailed planning permission as soon as possible. The site would be sold by tender, and the draft tender documents are now being prepared for our consideration. If the existing Staff Residency is included in the sale, as may well be the case, it will, of course, have to be replaced. We have, therefore, approved draft plans for a new Residency consisting of single bedrooms, double bedrooms and flatlets, to be built on the Billing Road side of the sports ground. Planning permission for this is now being sought.

A final decision on both projects will be made in 1974.



WANTAGE HOUSE

NEW BUILDINGS

The new Social Centre, named "The Tompkins Centre" after Mr. G. R. F. Tompkins who very generously donated the money for the building, was officially opened by the Duchess of Grafton on 3rd July. It was a very happy occasion, attended by Mr. Tompkins himself, many Governors and a considerable number of staff. The new Centre with its shop, cafe and hair-dressing salons, is proving extremely popular.

The new laundry was completed and commenced operations in June. After some initial teething troubles it has settled down well, and there is no doubt that it is a great asset to the hospital. The machinery installed is the most modern available, and the working conditions for staff are good.

UPGRADING

The work of upgrading existing buildings has continued throughout the year without interruption. The main contracts have been in Thornton and Nesbitt Wards on the gentlemen's side of the main hospital and the South Wing, which is being converted into a psycho-geriatric unit on the ladies' side. Details of all the works carried out and in hand will be found in the report of the Administrative Officer.

FINANCE

During the year the Committee of Management, and especially the Finance Sub-Committee and its Chairman, Lieut.-Colonel A. V. C. Robarts, have been very concerned about the increased cost of running the hospital. It has always been the policy of the Committee to keep the fees as low as possible by utilising a large proportion of our investment income to meet day-to-day expenditure, but there is a limit to what can be done in this respect, especially in the inflationary conditions of the past twelve months. The fees for the maintenance of patients were last increased in 1972, as the result of the rise in costs in the previous year. Unfortunately, our expenses have since risen even more sharply, and the total expenditure for the first nine months of 1973 amounted to £668,000 compared with £577,000 for the same period of 1972—an increase of £111,000. These figures are actual running costs and do not include capital expenditure on new buildings and upgrading. We decided, therefore, towards the end of the year that the fees must be raised again, and this was done with effect from 1st January, 1974. It is appropriate, perhaps, to mention here that the charitable work of the hospital continues as before, in that the fees for a large number of patients who cannot afford full rates are subsidised to the extent of approximately £60,000 a year.

SCHOOL OF OCCUPATIONAL THERAPY

The School of Occupational Therapy has also been affected adversely by rising costs, and there is no doubt that the Accounts for 1973 will show a considerable loss. In order to rectify this, the School Committee recommended to us in October that the tuition fees for students should be increased from £150.00 to £200.00 per annum and this we approved. The demand for places in the School is as great as ever, and I am pleased to say that the examination results continue to be well above the national average.

NURSING STAFF

A good deal of time has been devoted to nursing matters during the year and, as the result of a report submitted by the Medical Director, it was felt that the number of nursing staff employed should be increased. We decided, also, that a Chief Nursing Officer should be engaged and Mr. D. S. Smith was appointed in that capacity. He took up duty on 1st July and he reports on nursing matters direct to the Committee at the monthly meetings. We have been kept informed of the acute shortage of residential accommodation for staff and, in planning the new Staff Residency, have included flatlets for married couples. In order to solve the problem in the short term, however, and to enable young married male nurses to accept appointments here, we agreed that a number of private houses in Northampton should be bought, and we approved the sum of £60,000 for this purpose. The houses have been purchased with the desired results.

GENERAL REGULATIONS

The appointment of a Chief Nursing Officer and the alteration in the terms of employment of medical staff necessitated changes in the General Regulations for the government of the hospital, and we thought it advisable that these Regulations as a whole should be brought up to date at the same time. A special Sub-Committee was appointed, therefore, to go into the matter in detail and, as reported earlier, two meetings were held during the year. At least one further meeting will be necessary in 1974 before definite recommendations can be placed before you.

As you know, Mr. C. E. G. Mumby, of Messrs. Becke Phipps, was advising the hospital on this matter, and his untimely death came as a great shock to us all. He was a good friend to St. Andrew's and will be sorely missed. Mr. I. G. Barnett of the same firm has taken over the work here.

DONATIONS

Donations and legacies continue to be received, and in 1973 these amounted to £1,400.00. In addition, £250.00 was received for the League of Friends which, without doubt, they will put to good use.

ASSOCIATION OF INDEPENDENT HOSPITALS

A meeting of Chief Officers of Independent Hospitals was held at St. Andrew's in June. Sir Gyles Isham, who is President of the Association, and I welcomed the visitors who, after an introductory talk, were shown over various parts of the hospital and subsequently entertained to lunch.

STAFF

On 17th July a party for staff was held at Thorpe Malsor Hall. It was a great success, much appreciated by everyone present, and we are indeed grateful to Major and Mrs. J. M. Fearfield for making their delightful home available for this purpose.

The Annual Christmas party was held in the Great Hall on 20th December. A large number of Governors and staff attended, and the evening was much enjoyed by everyone.

In signing this report for the first time, I should like to say how sensible I am of the honour conferred on me by the Committee in electing me their Chairman. At the same time I realise the responsibility attaching to that office, a responsibility which could only be shouldered with the active support of the members of the Committee. For this I am extremely grateful, and in particular for the ever-ready and invaluable assistance of my Vice-Chairman, Lieut.-Colonel A. V. C. Robarts, and of my predecessor Sir Gyles Isham.

During the past few years much has been done to improve the amenities of the hospital, and thereby benefit the patients. But in some ways an even more important change has been the development of a team spirit throughout all departments. Dr. Harper is the first to acknowledge that his medical colleagues are now a very congenial and effective unit. On the nursing side Mr. Smith has introduced fresh ideas which have resulted in a new atmosphere throughout his department.

On the administrative side Mr. Heritage, very ably assisted by Mr. Attwell, keeps his various sections running smoothly and says that never in his long experience at St. Andrew's has he known such amicable co-operation between all departments of the hospital.

To all these gentlemen and to all staff the Committee wish to express their gratitude.

I have the honour to be,

My Lords, Ladies and Gentlemen,

Your obedient servant,

KEMSLEY

Chairman.

THE REPORT OF
The Medical Director
FOR THE YEAR 1973

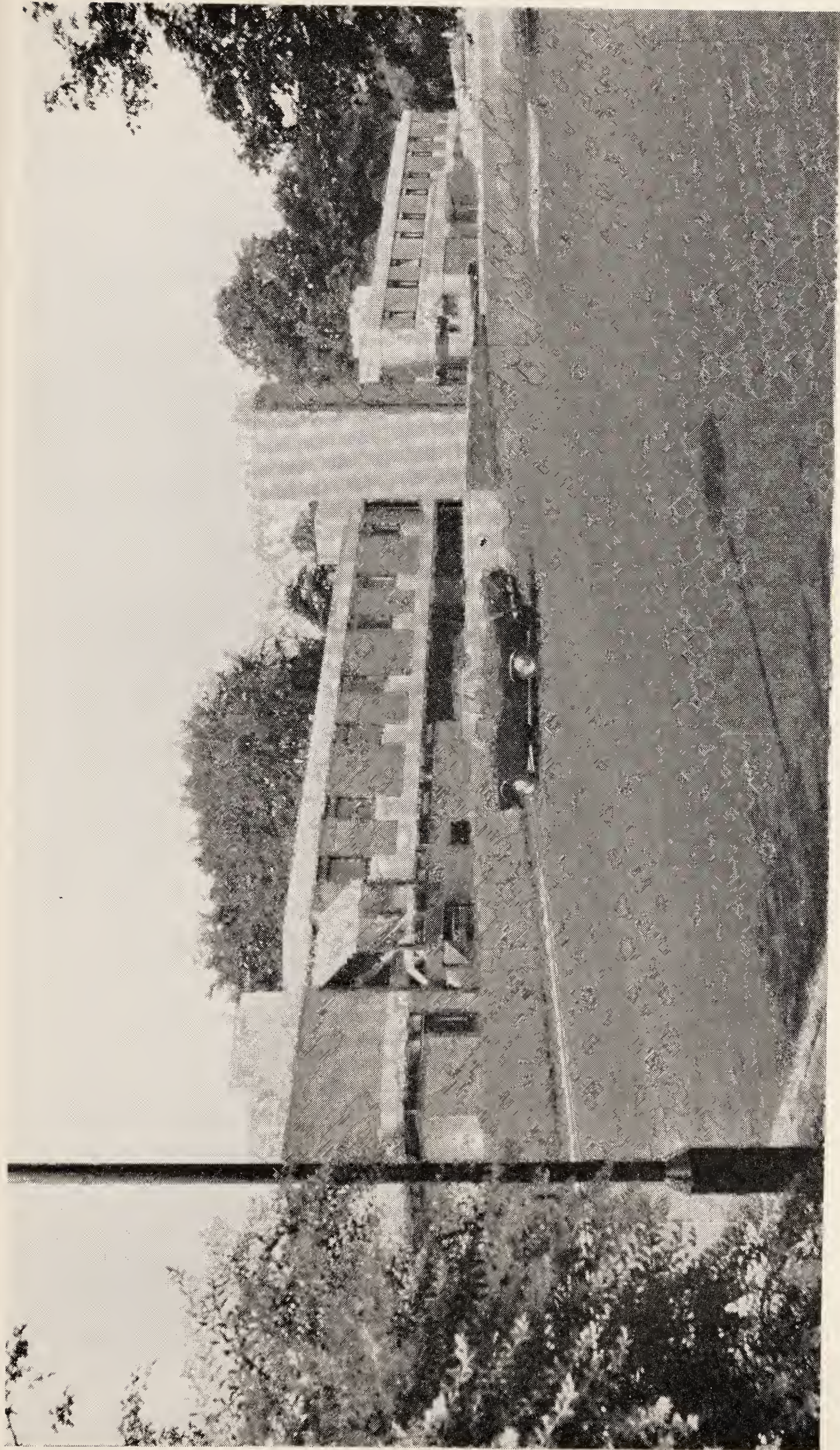
St. Andrew's Hospital,
Northampton.

My Lords, Ladies and Gentlemen,

Some years ago Mr. G. R. F. Tompkins made a most generous gift to St. Andrew's Hospital to enable us to build a new Social Centre. After a good deal of discussion on where it should be sited, it was decided to build it immediately adjacent to Gloucester House. The Tompkins Centre was opened by The Duchess of Grafton on 3rd July, and since then alterations have been carried out in Gloucester House to enable the two buildings to function as one unit, with a wide variety of facilities for treatment and recreation. This unit, with Isham House and Wantage House, forms a comprehensive short stay psychiatric hospital of 100 beds, and events during the past year have emphasised the need for such a centre, and have indicated that the demand for good private psychiatric facilities is still growing.

In 1973 the total number of admissions to St. Andrew's Hospital was 594, of these 297 were admitted to Isham House and 200 to Wantage House, confirming the expectation expressed in last year's report that these two buildings would be complementary to each other. Almost all these patients were short stay, and for them the area comprising Isham House, Wantage House, Gloucester House and the Tompkins Centre was St. Andrew's Hospital. It was here that most of the psychiatric work was carried out and the maintenance and, where possible, the improvement of therapeutic resources in this area must be the primary concern of the management of the hospital.

At the same time, it is with the greatest pleasure that I am able to record that all the patient accommodation in what was formerly the male side of the main hospital has now been upgraded to a very high standard, and that during the year good progress has been made in the reconstruction of the South Wing of the main hospital to form a comprehensive psychogeriatric unit. When this is finished the immense



ISHAM HOUSE

programme of modernisation, started seven years ago, will be virtually complete.

The rising admission rate has meant a progressive increase in demand on medical time, and when Isham House was opened a revision of the medical establishment became necessary. Dr. K. L. K. Trick was appointed consultant psychiatrist in April, having previously held a similar post at St. Crispin Hospital. Dr. Diana Bovill left in April on obtaining a National Health Service consultant post in Burnley. She had been a consultant at St. Andrew's Hospital for seven years, and with her special interest in psychotherapy and high standards of psychiatric care she did much to benefit the hospital. Dr. Kathleen Lotinga was appointed in her place, having previously been a consultant psychiatrist at Friern Hospital. I feel that we have been fortunate in both these appointments, as we have obtained the services of two doctors with high qualifications and wide experience in psychiatry.

The arrangement whereby Dr. Mitchell and his partners, Dr. Elliott-Binns and Dr. Woolmore, are responsible for the physical care of the majority of our long stay patients has continued to work well, and has enabled the consultant psychiatric staff to concentrate mainly on short stay patients, and to spend more time on individual and group psychotherapy than is usually possible in psychiatric centres.

Group meetings play an essential part in the treatment programmes in Isham House and Wantage House, and are important in complementing individual psychotherapy and physical methods of treatment. These meetings are of various kinds and are designed to be of therapeutic value on several levels. They are a means of facilitating communication between patients and staff, as well as being a specific treatment for particular conditions. Patients attend daily Ward meetings, and there are two Staff meetings a week. Once a week, there are Community meetings in both admission units, followed by a combined Staff meeting. Two of the Consultants run weekly group psychotherapy meetings, and a third runs a specialised psychotherapy group for phobic patients, combined with a behaviour therapy programme. There are plans to start further special groups for other conditions. The patients themselves are encouraged to organise social meetings in the evening, and these have been very successful.

When it can be seen in perspective, perhaps the most important event in the hospital in 1973 will prove to have been the recognition of nursing as an independent profession. Mr. Howarth, the Principal Nursing Officer, left the hospital in January, and the Committee of Management decided to create a new post of Chief Nursing Officer responsible directly to it. Mr. D. S. Smith was appointed to this post on 1st July, and his efforts have already had a beneficial effect on nurse recruitment, training and morale.

STATISTICS:

As I have already mentioned, 1973 was an exceptionally busy year with 594 admissions, 82 more than in 1972, and the highest number in the history of the hospital. Of these, 69 were admitted under the auspices of the Oxford Regional Hospital Board.

TABLE 1
Patients remaining on 1st January, 1973

	MALES	FEMALES	TOTAL
Informal	153	249	402
Observation	3	1	4
Treatment	10	9	19
TOTALS ..	166	259	425

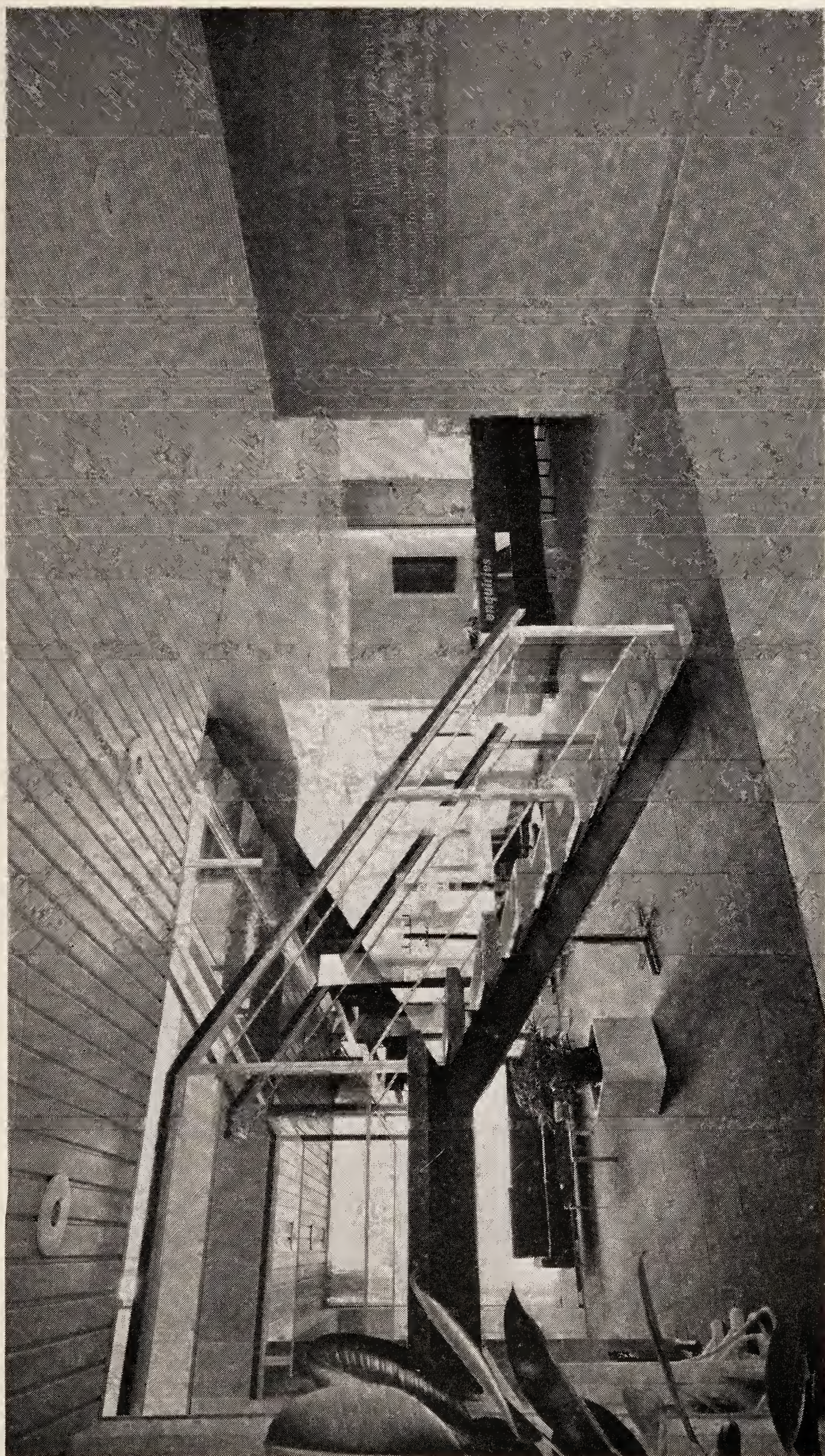
TABLE II
The number of admissions during 1973

	MALES	FEMALES	TOTAL
Informal	234	316	550
Observation	9	28	37
Treatment	2	5	7
TOTALS ..	245	349	594

TABLE III
Patients remaining on 31st December, 1973

	MALES	FEMALES	TOTAL
Informal	151	259	410
Observation	—	2	2
Treatment	8	8	16
TOTALS ..	159	269	428

During the year 70 patients died, the average age at death being 77.



ISHAM HOUSE — ENTRANCE FOYER

TABLE IV
Ages on admission

	MALES	FEMALES	TOTAL
Under 20 years ..	9	5	14
20-29 years ..	35	37	72
30-39 years ..	27	62	89
40-49 years ..	54	76	130
50-59 years ..	47	61	108
60-69 years ..	44	48	92
70-79 years ..	21	35	56
80-89 years ..	8	10	18
90 years and over	—	6	6
TOTALS ..	245	349	594

TABLE V

Source of patients admitted during 1973

Northamptonshire	147
London	52
Warwickshire	41
Bedfordshire	38
Buckinghamshire	35
Leicestershire	28
Cambridgeshire	23
Norfolk	18
Berkshire	14
Oxfordshire	14
Suffolk	13
Hampshire	12
Middlesex	12
Hertfordshire	11
Surrey	11
Other counties in England	93
Elsewhere in United Kingdom	17
Overseas	15

TABLE VI

Diagnostic Categories

Affective Illnesses:

Endogenous depression including involutional depression	115
Reactive depressive states including depressive neuroses	87
Mania	25
Schizophrenia, including paranoid states	71
Psychoneuroses	46
Addiction:	
To alcohol	149
To other drugs	4
Personality Disorders	15
Organic states:	
Senile Dementia	42
Arteriosclerotic Dementia	21
Other	6
Other diagnostic groups	13

This table can only be approximate, and is presented to show general trends. Where a patient has been given two diagnoses only the first is listed, and often, especially in cases of depression or organic dementia, the allocation of a particular patient to one category or another is a matter of individual medical opinion.

What does stand out is the size of the alcoholic problem. The 149 admissions involve 108 individuals, as some patients were re-admitted on more than one occasion during the year, and there were exactly as many women as men—54 of each sex. Unlike the other diagnostic groups these patients could be identified with some precision as the presenting symptom was, in almost every case, the excessive consumption of alcohol. As far as this hospital is concerned chronic alcoholism is our most difficult problem and greatest challenge. One must be cautious in making inferences from the experience of one hospital, especially when its admissions are mainly private patients, but the fact that the two sexes were equally represented is almost certainly of real epidemiological importance. Traditionally chronic alcoholism is a disease of middle aged men, and in a study of private patients admitted to hospital for the treatment of alcoholism which I carried out twenty-three years ago, the ratio of men to women was approximately three to one. The increase in alcoholism in women is the most tragic change in psychiatric practice in my professional career.



ISHAM HOUSE — DINING ROOM

OCCUPATIONAL AND RECREATIONAL THERAPY:

In 1973 the Secretary of State for Social Services set up a working party under the Chairmanship of Mr. E. L. McMillan, to make recommendations on the future role of the remedial professions. Its report was published in October, and this recommended that Occupational Therapists, Physiotherapists and Remedial Gymnasts should be amalgamated into one profession, within which there would be scope for specialisation. It suggested that if this were achieved the profession would be able to co-ordinate, organise and administer its own services. It could also provide an adequate career structure for its members, and define its role in respect of related professions such as medicine, nursing and social work.

I welcome these recommendations, and hope that they will soon be implemented. In this hospital there are three areas where this remedial profession will be able to concentrate its work. As I said in last year's report, Gloucester House is admirably situated and equipped to provide a full range of occupational and recreational activities, particularly for Isham House and Wantage House, and during the year the Occupational Therapy Department has been enlarged and its facilities extended. The staff are closely involved in group activities in both Isham House and Wantage House, and the swimming pool continues to be very popular and the squash court has been used more than ever.

The Occupational Therapy Department in the main hospital is now known as the Hombersley Unit, in honour of Mrs. Joyce Hombersley who was the first Director of Training of the School of Occupational Therapy. This department caters for a large number of long stay patients, and works in close conjunction with the gymnasium and the Industrial Therapy Unit. The unit for geriatric patients, which is being reconstructed at present will, when it is re-opened, be immediately adjacent to the Physiotherapy Department.

Captain H. Garratt, who had been on the staff since 1946, retired in 1973. During this time he has devoted himself unstintingly to the work of the hospital. I am glad to be able to report that in order to provide recreational facilities at weekends, Captain Garratt has continued to open the swimming pool on Saturday and Sunday afternoons for the benefit of both patients and visitors. He has been replaced by Mr. E. Costall as Director of Physical Recreation who, like Captain Garratt, has been a Physical Training Instructor in the Army.

The work of the Occupational Therapists has been interrupted during the past year, both by temporary closure of the geriatric occupational therapy department and by structural alterations which were carried out in Gloucester House. There has also been a greater than usual turnover in staff which is at least in part a reflection of the difficult position that Occupational Therapists working hospitals find themselves in, and this

emphasises the need for a unified profession offering a satisfactory career. That full occupational, recreational and social programmes have continued to be provided for the great majority of patients, is an indication of the loyalty and dedication of Mr. Parsons-Jones, Mr. Costall and their colleagues.

Mrs. Davidson has submitted the following reports:—

“SOCIAL WORK

There were 98 new referrals for Social Worker assistance made during the year. These largely originated from individuals admitted to the two admission units, and concerned a whole range of problems inevitably varying according to a person's special needs. Problems encountered have included a range of difficulties related to re-settlement in the community after a person's discharge from hospital; to employment, training or re-training for paid or voluntary work; to marital problems and financial difficulties; to problems of isolation. Support has also been offered to people making the adjustment necessary through altered circumstances—often as a result of their illness.

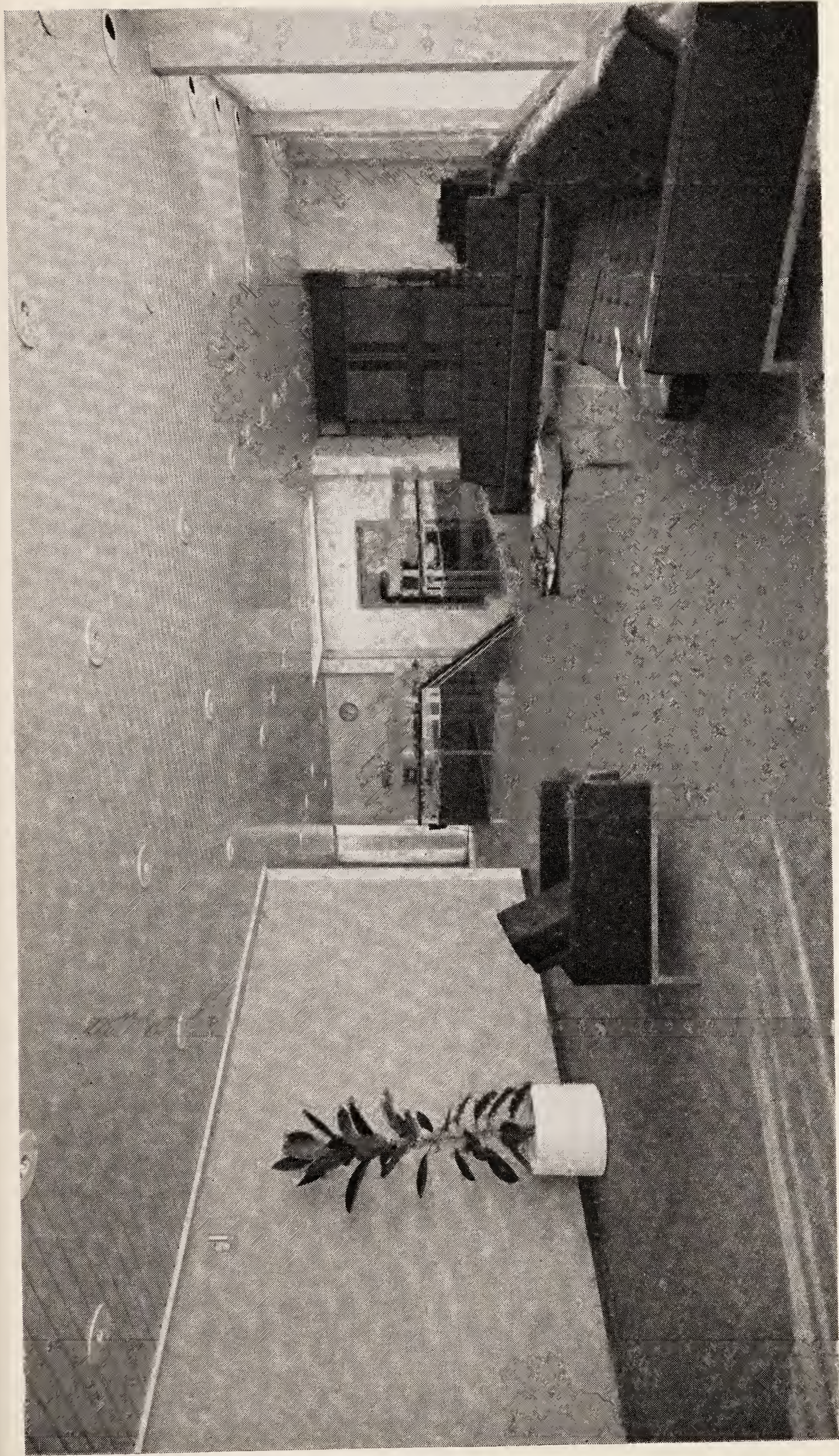
More of my time has been given this year to referrals calling for detailed assessment of the social situation of individuals. There is no doubt that this work is an important aid to diagnosis and treatment, and should be extended, but because of the lack of time of a single Social Worker working in a hospital of this size, this facet of the work is hampered by lack of time and its extension would depend on the appointment of a second Social Worker.

Additional to new referrals, the case load has included work with people from previous years with long-term problems. Patients may be referred from all parts of the hospital, but it is inevitable with limited time that the priority should remain with the admission wards, where problems tend to be more acute.

SOCIAL AND RECREATIONAL COMMITTEE:—

Social and recreational events in the hospital's calendar have continued to be arranged by an inter-professional Committee together with Mr. and Mrs. Frost, representing the Friends of the Hospital. The Committee have met monthly under the enthusiastic Chairmanship of the Chaplain, and has been considerably aided in their task by the steady flow of suggestions made by the Patients' Advisory Committee.

Members of the Social and Recreational Committee consider it important to encourage activities outside the hospital, which help to keep people in touch with the community, but at the same time a balanced programme of activities of a recreational and cultural nature is required inside the hospital, in which patients and staff can share.



ISHAM HOUSE — UPPER FOYER

Outings this year have appealed to many tastes and have included theatre outings to London and Oxford, a visit to the Proms, as well as the ever popular outings to a variety of stately homes during the Spring and Summer months. For events arranged within the hospital we are indebted to the many friends who give their time so generously. Many delightful performances have been given which have included carols by the Choir of the Abington Vale Girls' School, music from Gilbert and Sullivan by the Savoy Singers, a piano recital by Richard Wilkinson, and a concert given by the Northampton Grammar School. Special mention should be made of performances given by two singers from the Council for Music in Hospitals; during their visit they included a much appreciated performance on one of the geriatric wards which involved the audience in community singing.

There has also been a mounting appreciation of the travel talks and slide shows arranged by the Chaplain on Wednesday evenings during the Winter months in the Drawing Room.

The popularity of the monthly dances and weekly film shows is still maintained. Lastly, the valuable contribution made by members of the Friends of the Hospital should be noted."

The success of the hospital depends in large measure on the way in which the staff, and in particular the senior professional staff, work together. During the year St. Andrew's has been most fortunate in this respect, and I am happy to be able to report that the medical, senior administrative and nursing staff form a friendly and closely knit team.

As in previous years, it is a pleasure to report my indebtedness to the Committee of Management for its interest and support. Lord Kemsley was appointed Chairman in 1973, and I welcome this opportunity of expressing my appreciation of his work for this hospital. He has always been available to discuss and give advice on problems as they arise.

JAMES HARPER,

Medical Director.

JANUARY, 1974

THE REPORT OF
The Administrative Officer
FOR THE YEAR 1973

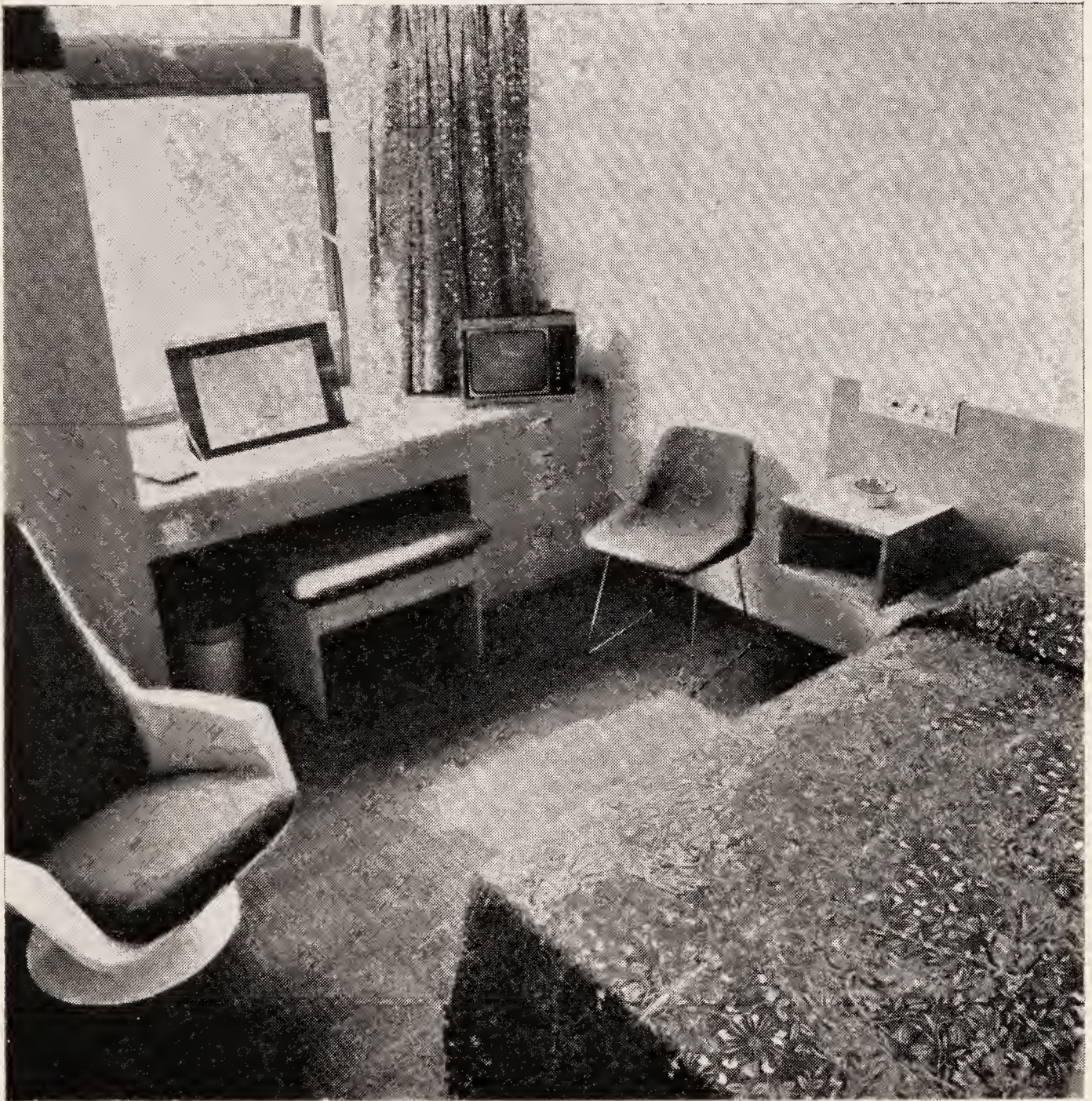
St. Andrew's Hospital,
Northampton.

My Lords, Ladies and Gentlemen,

Last year I reported on the opening of Isham House which was a landmark in the history of St. Andrew's, as was the opening of Wantage House in 1927. I am pleased to say that Isham House has settled down very well, is proving its worth and is much admired by many visitors to the hospital.

This year I am happy to be able to make reference to the commissioning of two more new buildings—the new laundry in June and the new social centre in July. The laundry was completed and handed over to us in February for the installation of the new machinery. This proved to be a long and complicated business, and included moving three machines from the old laundry which, of course, had to be overhauled before they could be installed. It was not until the end of June, therefore, that the unit became operational. Building and equipping a new laundry such as this is a very expensive business, but I have no doubt that the decision to proceed with the project was the correct one, and that this will become more and more evident as the years go by. There appear to be many problems with area laundries serving a number of hospitals, and I am sure that we are fortunate in having the whole operation under our own control. As anticipated there has been a considerable saving in staff and the number required to run the new laundry is twelve, compared with twenty-two in the old one. Working conditions are excellent, which I am sure will help to attract and keep staff of the standard we require.

Our forward planning had, for some time, included a new social centre to replace the old “canteen” in the main hospital, but it is unlikely that this would have materialised for a number of years except for the generosity of Mr. G. R. F. Tompkins, who gave the hospital £40,000 for this purpose. The building was completed in June and it is,



ISHAM HOUSE — A TYPICAL BEDROOM

as you know, attached to Gloucester House. It is called "The Tompkins Centre" and comprises a shop, restaurant and hairdressing salons and these facilities, together with those of Gloucester House, help to form a comprehensive area for patient recreation and occupation. The Duchess of Grafton, whose family has been associated with the hospital since it was founded, very kindly performed the official opening ceremony on 3rd July, and Mr. Tompkins was our principal guest. It was a very pleasant occasion, much enjoyed by the large number of staff who were able to be present.

WORKS COMPLETED AND IN PROGRESS:

Apart from the completion of the new laundry and the social centre mentioned above, the work of upgrading the hospital has continued without interruption during 1973, and for most of that period at least three contracts have been in progress at any given time. There is, of course, a limit to the amount of work which can take place simultaneously, because suitable accommodation must be available into which patients can be moved. Fortunately the building of Isham House has helped in this direction, and has enabled part of Wantage House to be used for elderly patients while the South Wing is being modernised.

Early in the year, the new car park and entrance drive for the South Wing were completed. This work was brought forward owing to the shortage of car parking facilities at the front of the hospital, and it has helped considerably to reduce the congestion in that area.

I am pleased to report that all of the patient accommodation on the gentlemen's side of the main hospital has now been upgraded, and I must say that it gives me a great deal of personal satisfaction that this has been accomplished. It seemed a monumental task when we started eight years ago. The wards completed in 1973 were Thornton (formerly Cecil and referred to as such in last year's report) and Nesbitt, and the total cost was in the region of £110,000.

The conversion of the old Occupational Therapy Department in the works yard into an Engineer's store has been completed during the year. This was planned by Mr. McVeigh, and all of the work was carried out by his staff. It is a great improvement and, for the first time, most of his stores are now under one roof.

As you know, the whole of the South Wing consisting of O'Connell, Rambaut and Bayley Wards, is to be converted into a modern psycho-geriatric unit. At the end of April a tender amounting to £92,827 was accepted for the first phase of this project, which covers the whole of the first floor. The work started in June and completion is due in one

year from that date. The second phase, which will deal with the ground floor accommodation, will commence immediately thereafter and the cost of this is likely to be in the region of £130,000.

You will recall that the library and reading room on the ground floor of Gloucester House are being converted into an Occupational Therapy Department, though a small library section will remain. The existing Occupational Therapy Department on the first floor is being altered to provide separate accommodation for pottery, and a small kitchen is being constructed so that the teaching of a certain amount of cookery can be included in the occupational therapy programme. I am sure that the new department on the ground floor will be much appreciated by disabled and certain elderly patients. The work commenced in July and is due to be completed early in the new year.

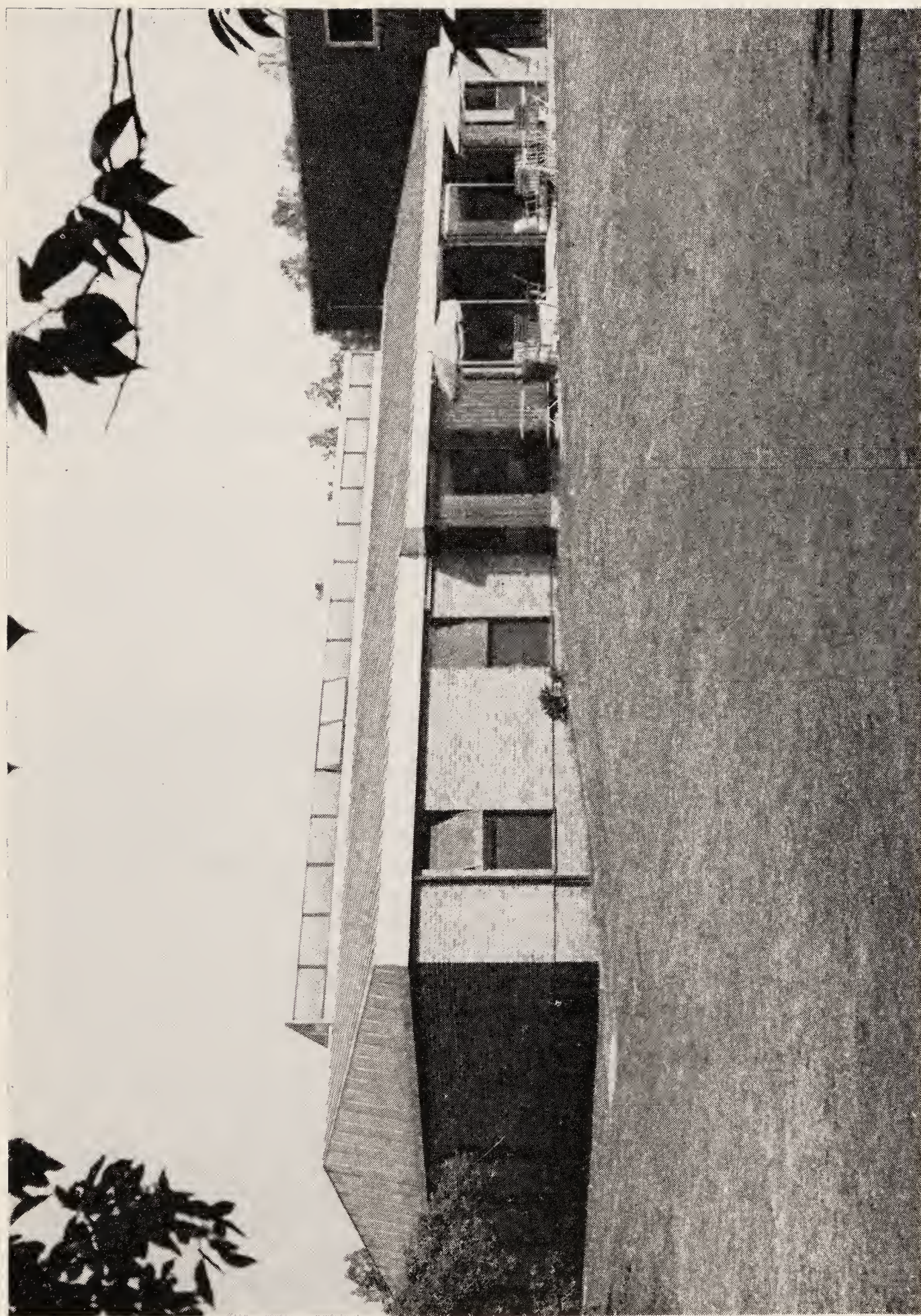
The re-roofing of the centre block of the main hospital started in October, and the opportunity is being taken to remove most of the chimneys as practically all of them are now unused. They do, of course, require a good deal of maintenance and it is interesting to note from an early print that very few formed part of the original building. The final cost of this work is likely to be in the region of £15,000.

A contract for the repair of all the stonework on the front of the main hospital and on the gentlemen's side, at a cost of £22,600, commenced early in November. A great many of the stone window sills are being replaced, and all of the Virginia Creeper was removed before the work began. I am glad to say that we have been able to dispense with most of the television, electricity and telephone cables which festooned the front of the building, and those which do remain will gradually disappear. External painting is being done at the same time, and the whole job will take about twelve months to complete.

A contract which is nearing completion is the installation of an emergency lighting system in the main hospital, Wantage House and Gloucester House. This is an essential part of our fire precautions and was recommended by the Fire Prevention Officer with whom we work very closely, especially in connection with the upgrading programme and new construction.

PLANNING:

Towards the end of the year the plans for the upgrading of the centre block of the main hospital were completed, and I hope that tenders will be available early in 1974. The work includes the renewal of the central heating system and the electric wiring, and this will be done on the ground and first floors without disturbing the existing decorations,



THE TOMPKINS CENTRE

which are only a few years old and in first class order. The use of the administrative accommodation on the ground floor will remain unchanged, but a new dental surgery is being provided on the first floor, and the second is being altered considerably to give more bathroom and lavatory accommodation, with two self-contained flats and seven bedrooms for visitors and senior staff.

Plans have also been prepared for the conversion of the ground floor accommodation of what was formerly Nesbitt Ward into an industrial Unit. When this has been done, the old billiards rooms where the Industrial Unit is at present located will be demolished, the long corridor altered and redecorated, and the garden outside replanned to serve Robinson Ward. This garden, part of which is still occupied by contractors, is badly needed as Robinson Ward was without proper facilities of this kind last Summer.

The plans for the upgrading of the ground floor accommodation in the South Wing were completed in 1973, but a certain amount of revision has taken place during the year. The basic lay-out of all of the rooms remains unchanged, but various minor alterations have been made as the result of the suggestions put forward by Mr. D. S. Smith, our new Chief Nursing Officer, all of which should help the nursing staff in their work and which we were happy to incorporate.

A good deal of time was devoted in 1973 to the planning of a new Staff Residency which, if built, will be located on the Billing Road side of the sports ground. This is an excellent site from every point of view. Dr. Harper, the Architects and I inspected modern residential accommodation at the Northampton College of Education and at St. John's and Churchill Colleges, Cambridge, and after long discussions with Mr. Smith when he took up duty, we decided to recommend that single and double bedrooms be provided, with a separate block of flatlets for married staff and a separate house for the Warden. It will be very nice indeed if these buildings materialise but our existing staff accommodation is in good order and will, if necessary, last for many years to come.

Various other matters are in the early planning stage and these include the conversion of the old canteen at the main hospital into two stores, one for the Supplies Officer and the other for the Pharmacist, and alterations to the old laundry. The latter, in spite of its age, is a good building and it may will be possible to convert it and some adjoining unused accommodation to provide:—

- (a) Premises for the Staff Social Club.
- (b) An additional storage area for the Head Gardener.
- (c) Two houses for staff.

LAND:

In my last report I referred to the land owned by the hospital to the South of the River Nene Relief Channel, required by the Northampton Corporation for the new high speed road. As you know, the Corporation obtained a compulsory purchase order for this land and, after issuing a "Notice of Intention to Enter", commenced work there in October. The sale of the land has, however, not yet been completed, and negotiations are still proceeding regarding the construction of a bank and the planting of a belt of trees to help deal with the problem of noise. I am sorry to say that it now appears likely that one of the roads in this area to be built in about five years time will be elevated at the point where it crosses a large intersection. As far as one can ascertain from the plan, however, the elevated section will be in the Houghton Road Lodge area and should not interfere too much with the hospital's amenities.

The laying of the new Northern Outfall Sewer by the Northampton Corporation in the land immediately to the North of the River Nene Relief Channel has been completed, but much remains to be done to put the land back to its former state. I hope that this will not be too long delayed.

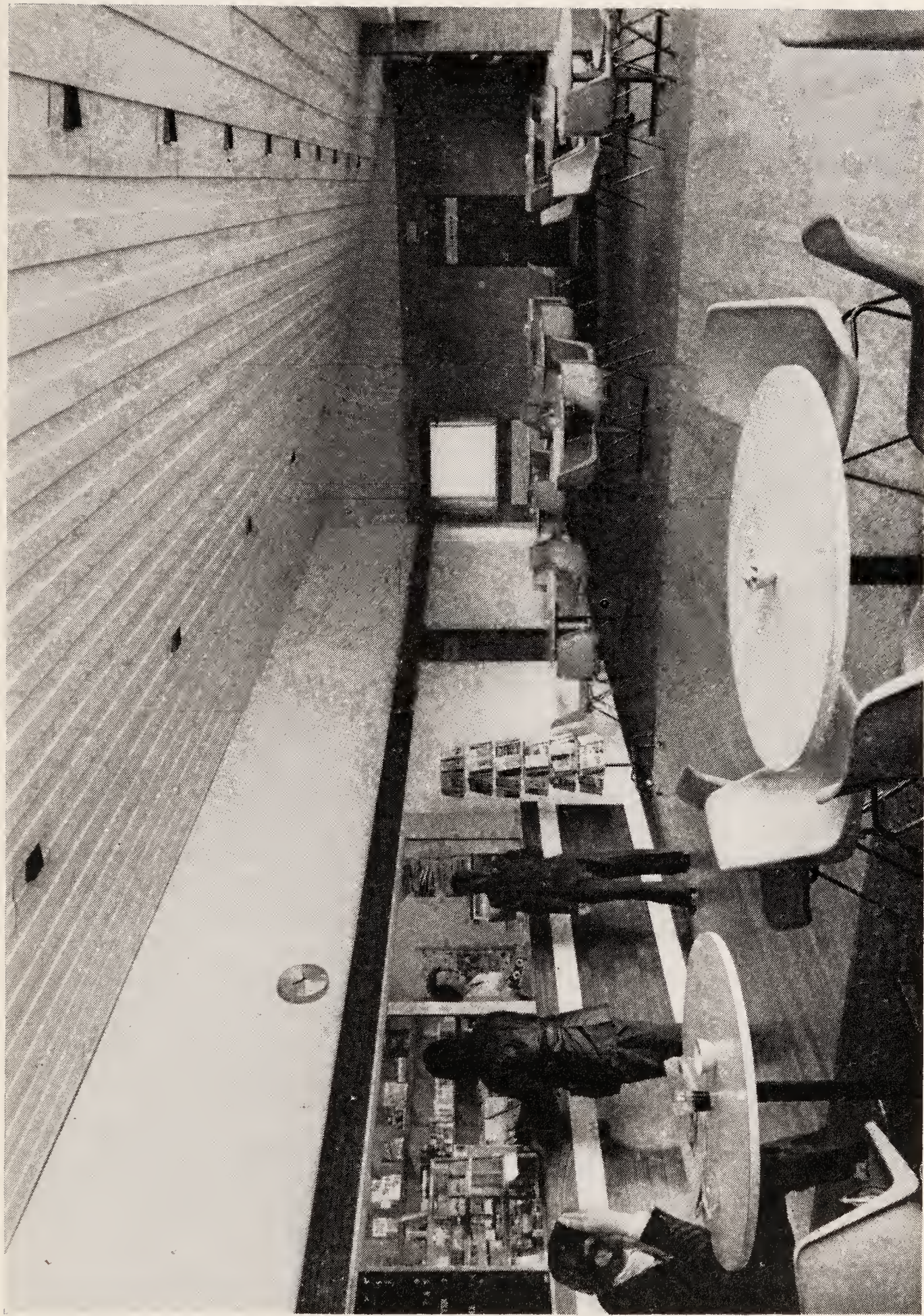
FINANCE:

Throughout 1973, the cost of running the hospital has risen even more steeply than in the past, and it becomes more and more difficult to find ways and means of effecting economies to offset even a small portion of this. In the end it comes down to the question of raising fees, and to this there is no alternative. As you know, you decided in October that all fees must be increased from 1st January, 1974.

The heaviest increase this year has been in the cost of food and wages and salaries, but practically everything in our budget shows a marked rise compared with the previous year. Fortunately, our investment income has increased as the result of the sale of the Well Vale Estate which will enable us to record a reasonable surplus for the year but, of course, this will not happen again.

FUEL:

For some time now we have been endeavouring, without success, to obtain a supply of contract gas for our main boilers. I am pleased to say, however, that our application has not been forgotten, and in December I received a letter from the Regional Commercial Sales Officer of the East Midlands Gas Board which contained an assurance that, as soon as additional supplies were available, our request would be



THE TOMPKINS CENTRE—CAFE

granted. It is hoped that this will be in 1976 when a new field becomes operational.

We had, of course, been anticipating difficulties over fuel oil as the result of the Middle East war, and these commenced towards the end of November. I was advised then that supplies for December and January would be reduced considerably and, after discussing the matter with the Medical Director and the Engineer, we decided:—

- (a) to reduce the level of heating throughout the hospital
- (b) to cease the heating of corridors
- (c) to shut down completely during the night for as long as possible.

As the result of these measures, our consumption has been reduced by about 20% and there have been few complaints from patients or staff. We have, I feel, all learned something as a result of the shortage, and I do not think that we shall ever revert to our previous level of heating even when supplies return to normal.

I am afraid that it is quite obvious that the price of oil is going to increase considerably, and I hesitate to think what the cost will be in 1974.

ACCOMMODATION FOR STAFF:

For some time there has been a steadily increasing demand by staff for residential accommodation, and the position over the last six months of 1973 became acute. The Staff Residency was full, as were the staff rooms at Wantage House, and we found it necessary to use the accommodation on the second floor of the centre block, which could only be a temporary measure as it is due to be upgraded in 1974. This is all a complete reversal of the trend up to a few years ago when we had many empty rooms in the Residency over a long period. In fact, when considering the future of the hospital at that time I was very doubtful indeed if, in the long term, residential accommodation of any kind for staff would be required. This trend is common to all hospitals and the change is due, I think, to the high cost of living outside, and to the fact that people from overseas who join our staff cannot take up duty unless accommodation is available. Our problem in the short term will be solved early in 1974 when a group of students in occupational therapy will cease to be resident, and if the new and larger residency is built this will deal with the longer term aspect.

The policy of buying a number of houses in Northampton for married members of the staff, which you adopted this year, is proving very successful, and if it can be extended from time to time as necessary in the future I am sure that this will be of benefit to the hospital.

GROUND S:

Every effort is being made to rationalise the hospital grounds, because of the difficulty in obtaining trained garden staff as was possible in years gone by. Bedding out has been considerably reduced, and many areas have been put down to grass. Others have been covered with gravel which can easily be treated with weedkillers, using the minimum amount of labour. This, I am sure, will be the pattern in the future.

Our small private golf club is flourishing, and its formation has enabled us to control to a very large extent the people who were coming in and using the course without invitation or permission. We have approximately 100 outside members, most of whom have hospital connections, and I think that the membership should be limited to that number.

I referred in my last report to the lighting in the grounds and, as you know, it has been agreed that this will be renewed. New lanterns and columns have been chosen, and I hope to have quotations available early in the new year.

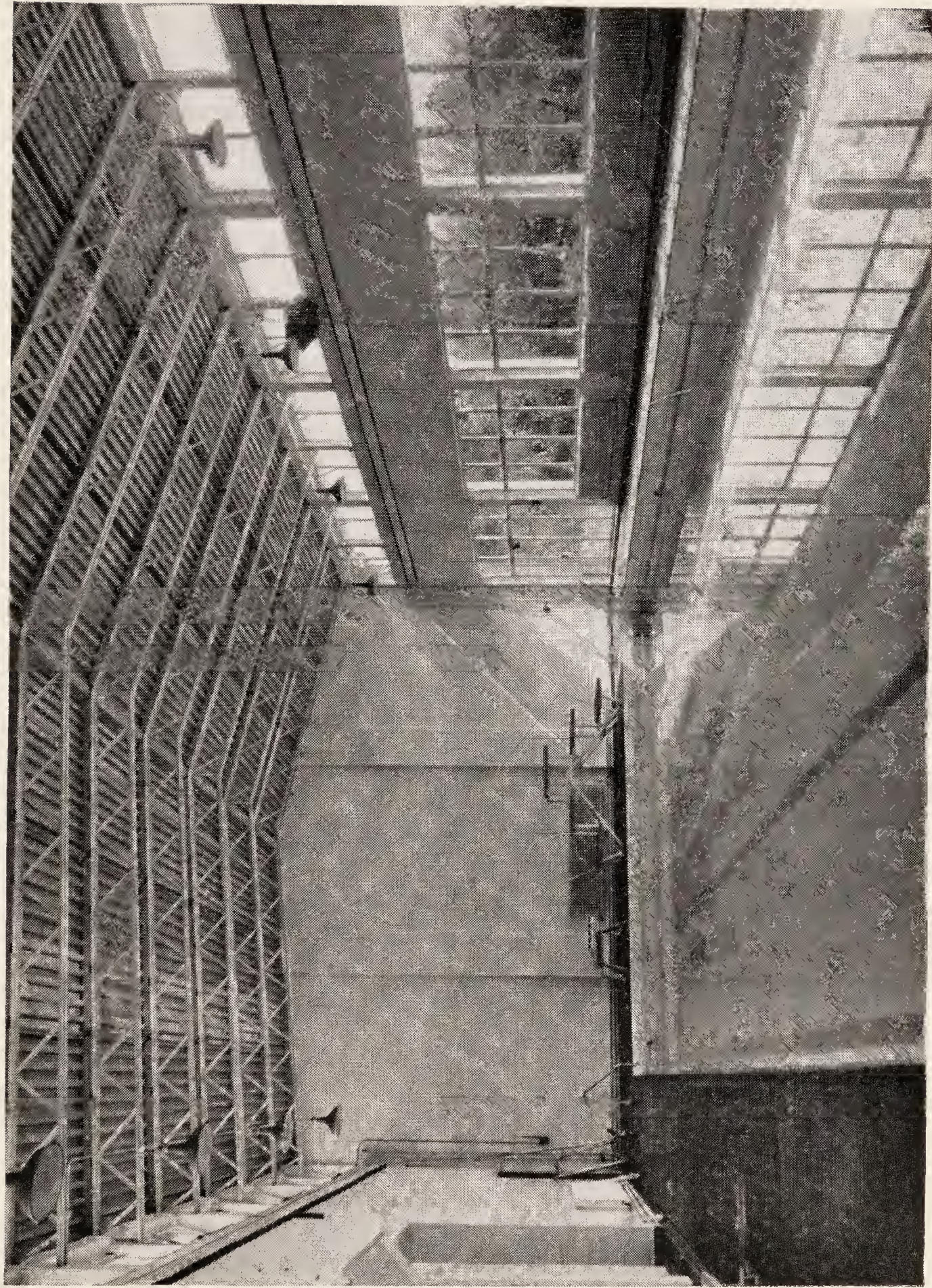
The supply of plants and flowers for the wards has been maintained at the usual high level throughout the year.

STAFF:

It is extremely important in a hospital such as this that all sections of the staff should co-operate to the full in providing a comprehensive service for the patients who come here for treatment. Everyone's contribution is important. We are all dependent on each other in many ways, and I am pleased to say that there is now a good deal of understanding of other people's problems, and a general willingness by staff in all departments to co-operate with each other for the common good. This spirit, if maintained, will stand the hospital in good stead in the difficult years which appear to lie ahead for the country as a whole.

Two events organised by the Governors have played a not inconsiderable part in fostering better relationships and these, of course, are the annual Christmas Party for staff, and the parties which are held from time to time in the Summer months at Governors' houses. These informal and friendly functions have enabled members of the staff to get to know Governors as never before, which cannot be anything but good.

I have pleasure in taking this opportunity of expressing my sincere thanks to Dr. Harper and his medical colleagues and to all heads of departments for their willing co-operation throughout 1973, without which my task would have been immeasurably greater. I should like, also, to thank every member of the staff of the hospital for their contribution in a difficult and very busy year.



GLOUCESTER HOUSE — THE SWIMMING POOL

GOVERNORS:

I am sorry to have to record the death of two Governors in 1973—Mr. O. E. P. Wyatt and Major Richard Chaplin. Mr. Wyatt, you will remember, was responsible for the removal of the surrounding walls and gloomy shrubberies at the villas, and for the landscaping of the whole area. He also planned the grass areas and the shrubs around Gloucester House prior to its opening in 1962.

To the Chairman, Lord Kemsley, and the Vice-Chairman, Lieut.-Colonel A. V. C. Robarts, I should like to express my gratitude for their help and support throughout the year, and for the very large amount of time which they so willingly devote to the service of the hospital.

Finally, I should like to thank the members of the Committee of Management and the Governors of the hospital for their continued confidence in me.

I have the honour to be,

My Lords, Ladies and Gentlemen,

Your obedient servant,

A. G. HERITAGE,

Administrative Officer and Secretary.

JANUARY, 1974.

THE REPORT OF
The Chief Nursing Officer
FOR THE YEAR 1973

St. Andrew's Hospital,
Northampton.

My Lords, Ladies and Gentlemen,

I have the honour to present my report for the year 1973.

Since taking up my post on July 1st, 1973, I am pleased to report that I have been able to make progress in the educational side of Nursing.

My Nursing Officers have attended Management Courses at Leicester Polytechnic and from reports received, they adapted themselves very well and contributed a lot to other course members.

Sixteen members of senior staff have attended "Art of Examining" Courses at the local College of Technology and will shortly be placed on the roll of examiners.

We have also been fortunate in obtaining the services of Mr. D. Zivanovic, Senior Nursing Officer (Education) who in the few months that he has been with us, has contributed a great deal towards getting our Nurse Training School on to a firm basis, with a steady increase in learners.

We were also able to commence courses of "In-service" training for other members of the nursing establishment, and with full co-operation from the Medical Staff at St. Andrew's we have been able to hold seminars twice weekly for nursing staff, which have been well attended, and have been a great stimulus to all.

During the year we were sorry to lose the services of Miss O. Hard, Nursing Officer; Mr. W. Bamforth, Mr. S. Quest, Mr. J. Digby, Mr. F. Osborne, Charge Nurses; Mr. K. Miller, Deputy Charge Nurse; Mrs. S. Quest, Ward Sister and Mr. P. Byrne, Staff Nurse, all of whom have retired after long and conscientious service. I should like to take this opportunity of thanking these people for their loyal service to the hospital.

Mr. J. R. Gibbin joined the staff late in the year as Nursing Officer and Mrs. F. E. Newton was promoted to Nursing Officer following Miss Hard's retirement. Staff Nurses N. Priestley, J. Trejtnar and A. McGee were promoted Sisters and Charge Nurse respectively.

Fourteen nurses entered for the Final Examination, twelve of whom were successful. All three nurses who undertook the Intermediate Examination were successful.

There were two Introductory Blocks during the year with twenty-one new Students in all. Four Student nurses discontinued their training. At the end of the year there were twenty-two Student nurses in training and one Pre-Nursing Student.

Steps were taken to re-form the Nurse Education Committee and the first meeting of this newly formed Committee was held on the 28th December, 1973.

Regular Ward Sister/Charge Nurse meetings are held in the Nurse Training School which are well attended both by staff who are on duty and off duty.

To bring this hospital into line with most other hospitals in the area, an open meeting was held in early October, when proposals were discussed and a new shift system approved. This system was made operational as from the 31st December, 1973 on a trial basis of six months.

The number of nurses on establishment has steadily increased over the twelve months, and recruitment has been encouraged by the purchase of properties within easy reach of the hospital, made possible by the generosity of the Hospital Management Committee.

The difficulty in maintaining a sufficient supply of laundered uniforms for female staff was discussed at length, and samples of new easy laundering garments for all grades of staff were examined and the most suitable selected and ordered. We are now awaiting delivery of these uniforms. White coats for male staff were also ordered, to ensure that all staff have their own coats and can be responsible for their care and appearance.

The Northampton Fire Brigade have co-operated with us with regard to improving our fire precautions. They have conducted checks within the hospital, meeting all grades of staff and making all aware of the need for the most comprehensive safety regulations.

Finally, I would like to express my sincere thanks to all the nursing staff for their full co-operation in helping me with the nursing policy of the hospital, and to my senior nursing staff for making my introduction into St. Andrew's so smooth.

Sincere thanks also to the Governors, Medical Staff and the Administrative Staff for their full support. I look forward to the coming year with the knowledge that everyone at St. Andrew's is doing their utmost to achieve a high standard of patient care.

I have the honour to be,

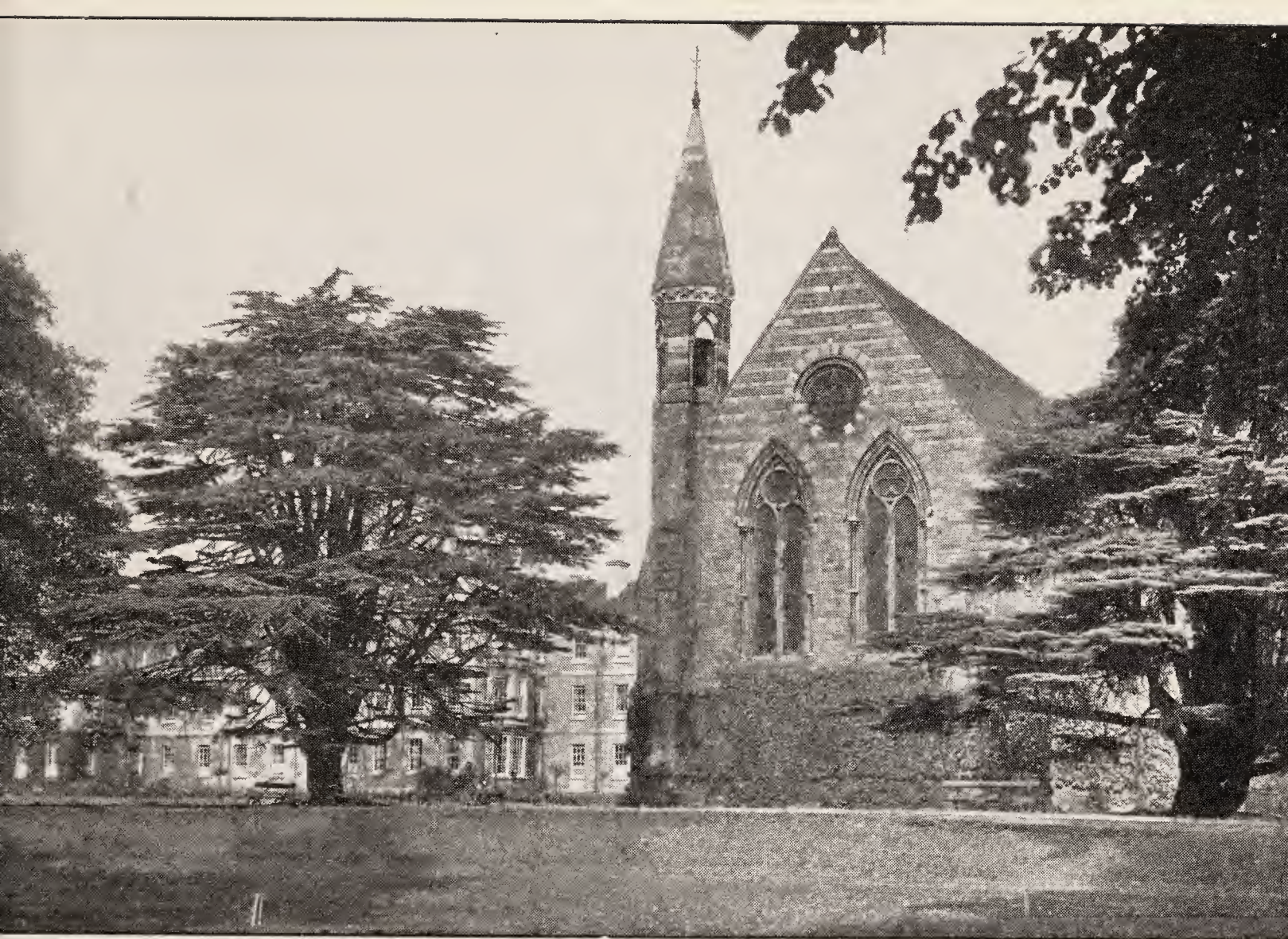
My Lords, Ladies and Gentlemen,

Your obedient servant,

DAVID S. SMITH,

Chief Nursing Officer.

JANUARY, 1974.



THE HOSPITAL CHAPEL



AN AVENUE IN THE GROUNDS

THE REPORTS OF
The Chaplains
FOR THE YEAR 1973

St. Andrew's Hospital,
Northampton.

My Lords, Ladies and Gentlemen,

I thank you again for the opportunity of reporting on my work as Church of England Chaplain at St. Andrew's Hospital for the year 1973.

THE CHAPEL:

The attendance at Divine Services on Sundays throughout the year has been well maintained, and compares very favourably with a good many Parish Churches, particularly when it is borne in mind that the age of the patients is increasing and the number of younger long-stay patients is decreasing, so that it becomes a real effort for some members of our congregation to attend the Services.

It is for this reason that the celebration of Holy Communion on week days, which used to be at 8 a.m., has now been changed to 10 a.m. This has resulted in an increased attendance.

As I mentioned last year, once a week we have the New Service (Series III) for Holy Communion, which is finding more favour among us. As its use is increasing in Churches throughout the country, our members will not be unfamiliar with it when they are on holiday. We are also hoping that the Choir will practice the musical setting, and it may then be used occasionally on Sundays so that more of our congregation may be familiar with it for the same reason. I have found that new patients enquire when they attend Chapel which Service we use, and are surprised that we do not regularly use one of the new versions. Indeed, on the occasion when Bishop Eastaugh celebrated Holy Communion here for the last time before his retirement, he enquired whether we used "Series III, Series II or the '1662'" and, on learning he would be expected to use '1662', he had to spend about ten minutes with a Prayer Book studying the Service he was no longer familiar with. May I say what general satisfaction has been expressed by the patients when they learned that he is remaining as a Governor, for he was very popular with us.

I must again pay tribute to the work of Mr. A. Smith, our Organist, and the Choir for their unfailing help and co-operation. This is all the more valuable when we find that so many churches with a background of Sunday School, Bible Classes and Youth Organisations have no Choir at all. And again, the help I receive from various ladies and gentlemen in the weekly maintenance of the Chapel in dusting, cleaning and flower arrangement, is very much appreciated.

During May, the Rev. E. Eaton and I were able to assist at Hardingsstone Parish Church while the Vicar was conducting a lecture tour in the United States, and this gave us a valuable opportunity to give a number of addresses on the work in Mental Hospitals.

Here again, when I was on leave in Abinger Hammer for three weeks in July, I had the occasion to preach on the work in Mental Hospitals in three different churches, and the pleasure of meeting some of the relatives and friends of our patients—it was all most rewarding.

THE CHAPEL COUNCIL:

This has held a number of meetings during the year and always many valuable suggestions have been made about the Chapel. The Treasurer reports that our collections are well maintained, and we have been able to purchase new carpet runners for all pews, new hymn books and various items of choir robes, and are contemplating further acquisitions which we hope will add to the convenience and beauty of our Chapel.

Here I must say that we received with very great regret the resignation of Mr. J. S. Schilizzi who had represented the Governors on the Chapel Council. He always took the greatest interest in the meetings and his advice and help we found most valuable.

I feel I must pay a very great tribute, also, to the help and interest of Mr. and Mrs. K. D. Lillyman, as members of the Choir, the Chapel Council and Friends of the Hospital for many years. They are untiring on public occasions and privately. Their interest in the Hospital and assistance to individual patients are quite remarkable and are an inspiration to us all, and an example of how two busy people can always find time for more.

The Ward Services continue to be well attended. The number of funerals is increasing which is to be expected as the average age of the patients increases. I am thankful that the Nursing Staff are calling on me more and more to give help and comfort to the dying.

I find my visits to Wantage House and Isham House valuable to me and I hope helpful to others, as I meet so many people with problems of their own which I may be able to help them to solve; and more and more of my time seems to be devoted to private discussions with individuals.

The School of Occupational Therapy held their Annual Prize Giving Service on the 30th June in very fine weather. The guest preacher was the Rev. Charles Harris of the Parish of Sywell, Miss van Garderen (Principal) read the Lesson and I conducted the Service.

HARVEST THANKSGIVING:

On the 7th and 9th October we held our Harvest Thanksgiving. It was a great joy to have the Roman Catholic and Free Church Chaplains, Father J. Marks and the Rev. R. Bedford, co-operating with me in the Services. It was followed by the Harvest Supper, which was well attended, and we all were very much pleased that Sir Gyles Isham consented to act as Chairman or "Squire" of the Supper. Entertainment was provided and arranged by Mrs. B. Hobley and members of the Gilbert and Sullivan Singers. Much pleasure was expressed that it had been possible to reinstate the function. Our thanks must go to Dr. Harper and Mr. Heritage for making this possible, and also to Mr. Fener and his staff for their most excellent catering.

The Chaplain's Party on Boxing Day was, as usual, a great success and well attended. Entertainment was provided by Mr. Kenneth Baird at the piano who has been attending this party since he was a school-boy, and many of our patients have watched with interest his rise in the musical world. He was joined by a group of singers brought by Mrs. Hobley, who we learned made sure of an accompanist by inviting him to lunch that day! Here again, our thanks go to Mr. Fener and his staff for the very good tea provided and dispensed.

The weekly slide shows and talks by visitors on their travels abroad continue to be well attended and appreciated. It is most encouraging to find so many people not only agreeing but offering to give their talks at some inconvenience to themselves. This also applies to actors, singers, musicians and others, who so frequently offer to give their services to entertain our patients in so many different ways. For this we are very grateful.

Once again I must place on record my deep appreciation of the excellent relations which continue to exist between me and the Roman Catholic and Free Church Chaplains, and also the help and co-operation which I receive from the Nursing Staff, which eases my work considerably.

Finally, but not least, I offer my very deep thanks for the help and unfailing courtesy I continue to receive from the Governors, Dr. Harper, Mr. Heritage, Dr. McLauchlan and all the Medical Staff, and indeed, from all members of the Hospital Staff in whatever way they can help.

I have the honour to be,

My Lords, Ladies and Gentlemen,

Your obedient servant,

P. J. E. NEWMAN,

Chaplain.

JANUARY, 1974

621 Wellingborough Road,
Northampton.

My Lords, Ladies and Gentlemen,

Whilst my regular visitation and pastoral work in the Hospital have continued during the year, I have been exploring ways of increasing my effectiveness as Free Church Chaplain. After consultation with staff members, the lines of communication have improved providing me with more up to date information, especially about admissions.

Mutual confidence and a sense of partnership between medical and nursing staff and the Chaplain are vital if the latter is to take his proper place in the therapeutic process, and progress has been made at this point. There are also deepening relationships with some of the long stay patients.

I continue to work happily with my Anglican and Roman Catholic colleagues, and I feel the monthly Free Church Service fulfils a worthwhile purpose in the pattern of worship available for the patients. I sometimes think that congregations could be larger with better publicity and perhaps special arrangements for interested patients to attend.

The emphasis of my work will always be on the personal approach and the regular visit. I am only too conscious of the limitations of time, but I try to be available whenever possible in cases of special need.

It is a privilege to be allowed a share in the Hospital's caring work of healing and comfort, and I value the friendship of both patients and staff. My efforts to make my own contribution more effective will continue. In the meantime I am filled with admiration for the work of others.

I have the honour to be,

My Lords, Ladies and Gentlemen,

REG. BEDFORD,

Free Church Chaplain.

JANUARY, 1974.

St. Gregory's Presbytery,
22 Park Avenue North,
Northampton.

My dear Friends in Jesus Christ,

Following in the footsteps of my predecessor, Father Peter Wynekus, I have spent almost a year as Roman Catholic Chaplain of St. Andrew's.

I am very grateful to the Anglican Chaplain, Father Peter Newman, who has borne my many requests for help and guidance with great patience and understanding. Likewise, I would like to say a word of thanks to my Free Church colleague, the Reverend Reginald Bedford, who works very closely with Father Newman and myself.

The past year has been marked by few changes in our little community. Two patients died, but there have been no new admissions to the wards in the Main Building. On the other hand, there has been a steady flow of admissions and discharges both to and from Isham and Wantage Houses.

The time of Mass was changed from 10.00 a.m. to 11.00 a.m. in the hope that this would enable a greater number to attend, but unfortunately this has not been reflected by the number of patients who come to Mass. However, one has to take into account such things as the weather, times of treatment, etc.

After so short a time as Chaplain at St. Andrew's, I am sure it is essential to be ready to help all the patients irrespective of class or creed. With my colleagues from the other churches, I sincerely hope we are representatives of Christ to all who need our help or advice.

I would like to place on record my very grateful thanks to all the members of staff, without whose help and encouragement my work in the Hospital would be so much more difficult.

May God bless all those who work and live in the Hospital, and may our Patron, Saint Andrew, keep us all in his prayers.

Yours sincerely in Christ,

JAMES MARKS,

Roman Catholic Chaplain.

JANUARY, 1974.

THE REPORT OF
The Director of Training of the School
of Occupational Therapy
FOR THE YEAR 1973

St. Andrew's Hospital,
Northampton.

My Lords, Ladies and Gentlemen,

I have the honour to present my report for the year 1973.

The greatest change in the life of the school during 1973 was caused by the retirement of Miss Dallas in April. After eighteen years as Director of Training and eleven years also as Head Occupational Therapist, Miss Dallas decided that she would like to hand over the responsibility of running the school. Farewell parties were arranged by the students in training and, on the 28th April, we held a re-union in her honour. Many graduates and friends came to Priory Cottage and several presentations, including a cheque, were made to Miss Dallas.

The shortage of qualified Occupational Therapy teaching staff is so acute that we have been unable to fill the position of Deputy Director of Training which became vacant after I took over the Directorship. Advertisements were placed in professional journals both here and overseas, but no applications were received. Miss Dallas, while she was Principal, had started an in-service training for student-teachers, to aid in staffing the school and, in view of the lack of applications for the senior post, it was decided to increase the number of these as an interim measure. Miss Dallas has been retained on the staff as tutor to the trainee teachers and attends the school for a certain period each term.

In September we received application for this course, from Mrs. Starmer and Miss Povey, who graduated from this school, and have had considerable experience in hospital departments and the domiciliary field. The four student teachers work part-time in the school and attend classes at the College of Education. Mrs. Payne, who started in September 1972, passed her Psychology examination in July 1973 and is working towards her finals—a practical examination in May, and written papers in July. Mrs. Starmer and Miss Povey will take Psychology and Anatomy and Physiology papers respectively in Summer 1974.

Another change of staff in the past year has been that Mrs. Kempton was appointed part-time, to take over the teaching of Physical Recreation classes from Mrs. Latto and drama instruction from Miss Dallas. She hopes to continue with the yearly drama performance in which patients and students take part. Mrs. Henry, Mr. Evans and Mrs. Mason have continued to give valuable help with the student training in their own specialised subjects. In September Dr. Harper expressed the wish to discontinue regular lecturing to the students and the psychiatry lectures were taken over by Dr. McLauchlan and Dr. Trick. Dr. Oldham, Dr. a'Brook, Miss Jennings and Mr. Arnold have covered the syllabus required for Part I of the Association of Occupational Therapists' diploma, while Medicine, Surgery and Orthopaedics have been taught by Dr. Elliott-Binns, Dr. Starkie, Mr. Lambley and Mr. Gupta. We were very pleased that, after his illness, Mr. Lambley was able to resume his series of lectures in October.

The annual course in beauty therapy was given by Mrs. Nicholls in November and, following this, the students were able to practise this subject under the supervision of Miss Killender.

Mr. Johnson, who qualified in the Summer, was seconded to a Splint-making Course at Dorset House School of Occupational Therapy, Oxford, and, following this, was engaged to instruct second year students, giving them intensive tuition in the subject over a period of six weeks.

For many years, the students have been trained in woodwork and metalwork at the Delapre Evening Institute, and last year a class in typing was added to their curriculum. Since September, the Delapre Upper School has moved to new buildings at Mereway. As this is some distance from St. Andrew's, it was felt that instruction in these subjects should be sought nearer the hospital, at Weston Favell, and where Mr. Sharman, who had been on the staff at Delapre, is now deputy head of the adult evening classes. He is aware of our requirements and the change-over has gone very smoothly.

Continuous assessment of each student is now required by the Association of Occupational Therapists. This has greatly increased the administrative work of the school, but Mrs. Smith, the school secretary, is dealing with it satisfactorily.

In February, we held our Annual Clinical Supervisors' Meeting, to discuss the arrangements for the coming clinical year, commencing in April. The supervisors had the opportunity of meeting the students who would be attending their departments and giving them any necessary instructions. After lunch, Dr. Ogilvie, Principal of the College of Education, gave an interesting lecture about student supervision.

As the students spend one year of the three-year course in different Occupational Therapy departments, it is necessary to have close contact with all the departments concerned. This is achieved by the meeting of supervisors already mentioned, and visits of school staff to the hospitals. During the summer, the following were visited—Fulbourn, Napsbury, Rivermead and Farnham Park Rehabilitation Centre, while Miss Dallas and myself visited the London Hospital and Carlton Hayes earlier in the year.

During 1973 Mrs. Payne had several meetings with local Health Service officials in connection with her research project (part of the requirements for her teacher's diploma). Mrs. Alden attended a day-course on Perceptual difficulties at Leeds in September, while Mrs. Starmer was at a study day on Clinical Supervision in London in November.

At the end of June, we held our 'Open Day' which was well attended by parents of first and third year students, members of the hospital staff, lecturers and friends. As usual, the weather was beautiful and the day began with a service in the Chapel, at which the Reverend Charles Harris, Rector of Sywell, gave the address. In the afternoon, the senior students gave a demonstration at which we were able to show our newest equipment in action. This was very much appreciated by the visitors. After tea, Mrs. Henderson, a member of the Committee of Management of the Hospital, presented the prizes.

Twenty-eight students took their final examination in July and all are now qualified. Three of them are employed in St. Andrew's Hospital. Our present third year students are away on clinical practice and we have received satisfactory reports of their work. There are thirty-six second year students who have already taken the first part of the diploma examination. Some very good marks were obtained but, on the whole, their results were disappointing.

One of the requirements in the training syllabus is ability to devise and arrange work situations for groups of patients in hospital and day centres. These may be used to assess patients for return to work, or to provide opportunities for communication and group inter-action in the hospital situation. The students were divided into small groups, each with a member of staff in charge and a work project was arranged for each group. These included the building of a raised flower bed which could be tended from a wheel-chair, making a puppet theatre, typing the library catalogue and checking the books, making a visual aid for demonstrating adapted equipment, cleaning, assembly and painting jobs. The students entered into this with great enthusiasm and showed ingenuity and initiative in planning and carrying out their projects.

In September, a new group of students started their training. So far, they have shown considerable ability in practical subjects, and seem determined to succeed in their academic studies. As last year, we had an exhibition of the new students' work the week before Christmas. This was attended by many parents who commented on the happy and friendly atmosphere in the school.

During the year, we have had several School Committee Meetings and I would like to take this opportunity of thanking the members for giving so freely of their time and for their kind understanding and support.

I have the honour to be,

My Lords, Ladies and Gentlemen,

Your obedient servant,

M. van GARDEREN,

Director of Training.

JANUARY, 1974.

EXPRESSIONS OF APPRECIATION

From time to time, relatives and friends express a desire to show, by gifts to the hospital, their appreciation of the treatment of patients and the work done here. The Medical Director will be pleased to give information concerning the various needs of the hospital.

LEGACIES TO THE HOSPITAL

For those who wish to assist the work of the hospital by means of a legacy, the following form of bequest is suggested:

I bequeath to St. Andrew's Hospital, Northampton, for the general purposes of that hospital the sum of £
free of duty and I declare that the receipt of the Treasurer for the time being of the said hospital shall be sufficient discharge.

THE REPORT OF
The Friends of the Hospital
FOR THE YEAR, 1973

I am pleased to report that membership increased during the year from 41 to 47. Mrs. Ashton, who was a reliable member of the Social Centre rota, has gone to the United States of America with her husband but expects to return after two years, and will then re-join the Friends. Due to other commitments, Mrs. Boyd was unable to continue as a member of the Executive Committee. I wish to thank her for her valuable help in the Social Centre and other activities, and I am pleased to say that she remains a member of the Association. It is still essential to increase the membership beyond the present figure, and the Executive Committee is exploring various ways of achieving such increase.

I would like to pay a special tribute to Mrs. Johnson, Mrs. Watson, Mrs. Lamberton, Mrs. Schofield, Mrs. Smith and Miss Bellchambers who, for several years, have regularly visited patients on the wards and can always be relied upon to support the Friends in all that they do.

The Canteen Service, which remains the most regular and in some ways the most popular activity of the Friends, is now operating at weekends at the new Tompkins Social Centre, which was opened in July by the Duchess of Grafton. A number of Friends attended the opening ceremony.

On a subsequent evening the canteen helpers went to the new Centre by the invitation of Mr. Mawby and Mrs. Wilcox, who explained the workings of the shop and cafeteria, and all were agreeably impressed by the new building.

For the benefit of the less mobile patients, who may not be able to get to the new Social Centre, the possibility of a separate trolley service around the wards has been considered by the Friends, and Mr. Gawthorne has carried out a feasibility study. An increase in membership would be necessary to implement the project and the matter is still under review.

The Friends have continued to act as hosts at concerts given by visiting artists and groups, and they continue to be represented on the Recreational and Social Committee of the Hospital responsible for organising these events.

For the second year in succession Mr. Lillyman has organised a visit for patients to the Promenade Concerts at the Royal Albert Hall. Mr. and Mrs. Lillyman regularly attend the Patients' Dances. The Association has provided the funds for prizes at one dance and has plans for doing so on future occasions.

I should like to thank our President, Captain J. L. Lowther, for his ever willing help and advice; the Chairman, Mr. H. C. R. Frost and members of the Executive Committee; Doctor James Harper and the Hospital's medical, nursing and administrative staff for their co-operation and help at all times.

In conclusion, may I thank all members of the Friends for their loyalty and support throughout the year.

DOROTHY FROST,

Hon. Secretary.

